

Queensland Race Walking Club Inc.

ABN 59 065 512 712

Building on a fine tradition of race walking, 71 years in the making.



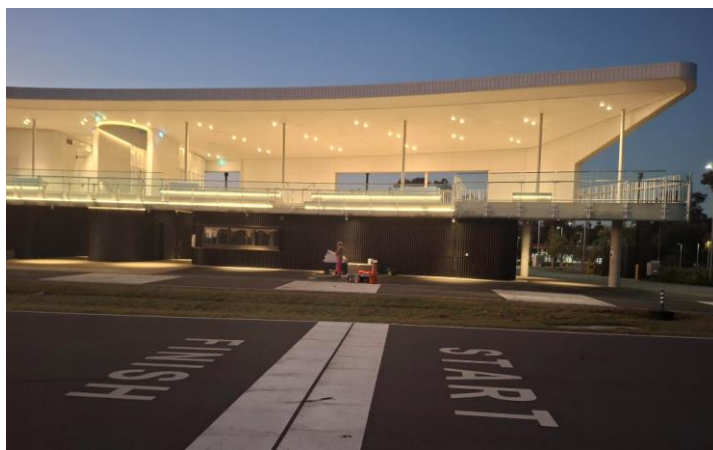
July 30th 2026

Queensland All Schools Road Walk Championships Murarrie Recreation Reserve Sunday July 26th

It was like turning back the clock at Murarrie on Sunday morning. A standalone Queensland All Schools Road Walk Championships with a QRWC club meet and at the Murarrie recreation reserve. Long time members will remember this carnival from more than 20 years ago but the venue now is much improved and there are no “hills” to negotiate.

Congratulations to all the athletes who took part and to the medal winners. The layout of this facility gave supporters a close-up view of the races and to cheer the athletes on and for the ease of presentations. Thank you to all the judges, competition officials and QRWC volunteers who came along bright and early on Sunday morning and ensured that the athletes results can be submitted to World Athletics.

The QRWC would like to express our appreciation to Queensland Athletics for their support and cooperation in the organisation and running of this combined QA All Schools/QRWC road walks carnival. We also give special thanks to Greg for bringing the extra equipment we had requested and for his patience.



RESULTS RESULTS RESULTS

Queensland All Schools Road Walk Championships Murarrie Recreation Reserve July 26th

Women 5000 Metre Race Walk Under 18

- 1 Moore-Kirkland, Bethany 16 St Ursula's College 26:05.00
- 2 Boulton, Olivia 17 Marymount College 27:25.00
- 3 Kelly, Eliza 16 Burpengary Ssc 27:59.00

Men 5000 Metre Race Walk Under 18

- 1 Cooke, Noah 16 Northpine CC 23:34.00
2 Irvine, Koby 16 Shalom College 23:59.00

Women 5000 Metre Race Walk Under 16

- 1 Welch, Isabella 14 John Paul College 27:42.00
2 Boyd, Violetta 14 PBC 29:51.00
3 Hooper, Elspeth 14 All Saints Anglican 30:17.00

Men 5000 Metre Race Walk Under 16

- 1 Lockwood, Cory 15 Marymount College 27:54.00
2 Ramsay, Leo 14 Carmel College 28:53.00

Women 3000 Metre Race Walk Under 14

- 1 Chisholm, Amelia 13 Trinity College 16:52.00
2 Frost, Zoe 12 St Margarets Ags 17:27.00
3 Conway, Violet 13 Caboolture Shs 18:14.00
4 Blackburn, Izzy 12 Varsity College 19:50.00

Men 3000 Metre Race Walk Under 14

- 1 Robertson, Hayden 12 St Edmund's College 15:44.00
2 Miers, Lachlan 12 Sherwood SS 15:46.00
3 Lee, Caleb 13 STMC 15:50.00

Girls 2000 Metre Race Walk Under 12

- 1 Hermus, Clara 11 Noosaville SS 11:06.00
2 Sansom, Bella 11 Carmichael College 11:17.00
3 Chu, Lilli 10 West End SS 12:09.00
4 Boyd, Luna 11 Currumbin SS 12:43.00

Boys 2000 Metre Race Walk Under 12

- 1 Lee, Yoshua 10 Sunnybank Hills SS 11:41.00
2 Matthews, Max 11 Chapel Hill SS 13:02.00
3 Dyer, Xavier 10 Everton Park SS 13:15.00
4 Geagea, Conor 11 Indooroopilly SS 13:50.00

Girls 1000 Metre Race Walk Under 10

- 1 Lee, Mikayla 9 Sunnybank Hills SS 5:47.00
2 Cohoner, Cassandr 9 Eagle Junction SS 5:50.00
3 Verse, Tilly 9 The Lakes College 6:14.00
4 Matthews, Ruby 9 Chapel Hill SS 6:19.00
5 Henry, Billie 9 Mother Teresa PS 7:14.00

Boys 1000 Metre Race Walk Under 10

- 1 Wang, Jasper 9 Indooroopilly SS 6:19.00
2 Scott, Noah 9 Norfolk Village SS 6:48.00

QRWC 15km Championships and Handicap #9 Murarrie July 26th

15km Men: (1) Ignacio Jimenez 1.22.21 (2) David Rapaport 1.43.20 (3) Peter Bennett 1.45.47

Women: (1) Phoebe Chadwick 1.34.05

A Grade 10km Men (within 15km) (1) Ignacio Jimenez 54.56 (2) David Rapaport 1.07.54 (3) Peter Bennett 1.09.40

Women: (1) Phoebe Chadwick 1.02.12 (within 15km) (2) Joy Dale 1.22.35

SB (3) Noela McKinven 1.38.57

B Grade 5km Men: (1) Leo Ramsay 28.53 **SB**

Women: (1) Olivia Boulton 27.25

C Grade 3km Men: (1) Hayden Robertson 15.44

Women: (1) Violet Conway 18.14

D Grade 2km Men: (1) Xavier Dyer 13.15

Women: (1) Bella Sansom 11.17 (2) Lilli Chu 12.09 **SB**

E Grade 1km Women: (1) Cassandre Cohoner 5.50 **SB**.

THIS WEEK

Glasgow Commonwealth Games



Friday July 31st Men's 10,000m Race Walk Final

Saturday August 1st Women's 10,000m Race Walk Final

10,000m Walk Men

Declan Tingay WA

Isaac Beacroft NSW

Timothy Fraser ACT

10,000m Walk Women

Elizabeth McMillen NSW

Jemima Montag VIC

Rebecca Henderson VIC



UniSC Athletics Winter Carnival

Sunday August 2nd Sippy Downs

9.00am 1500m Walk 11 to 16 years Men/Women

9.30am 700m & 1100m Walk 8yr - 700mW & 9 to 10yr
1100mW Men/Women

10.00am 3000m Walk 12 yrs to Masters

Entries closed no LATE nominations accepted

Medals: This is a *UniSC Athletics Carnival*, medals will be awarded based on the below categories **ONLY**.

- **8 years:** 700mW
 - **9-10 years:** 1100mW
 - **11-12 years:** 1500mW
 - **13-14 years:** 1500mW
 - **15-16 years:** 1500mW
- PLUS - U14, U16, U18, U20, Open, Masters: 3000mW**

Volunteers Needed

This annual carnival is run by a volunteer committee to support local athletes. To make it a success, we need parents, friends, and family to step up on the day.

Contact: Email - events.uscac@gmail.com / Phone: [0450 439 913](tel:0450439913)

NEXT WEEK



Saturday August 8th

Local Time Our Time

10:25 03:25 M 5000 Metres Race Walk Final

11:00 04:00 W 5000 Metres Race Walk Final

Australian Race Walking Team

5,000m Men: Isaac Beacroft (NSW), Owen Toyne (ACT)

5,000m Women: Sophie Polkinghorne (NSW), Zoe Woods (NSW)

QRWC Track Championships Sunday August 9th

University of Qld St Lucia

8.00am Open M/W 5,000 metres

U20 M/W 5,000 metres

U18 M/W 5,000 metres

8.45am U16 B/G 3,000 metres

9.10am U14 B/G 1,500 metres

U12 B/G 1,500 metres

9.25am U10 B/G 1,000 metres

Age is "Age on the Day"

ENTER HERE

[QRWC Track Championships Sunday August 9th - Qld Race Walking Club - revolutioniseSPORT](#)

Please Note

- **Entry Fees: Members \$10 / Non-Members \$15** (This includes UQ Track Fee)
- No charge for season pass holders
- Age is age as at 9th August 2026 e.g.: U10 (aged 9 and under), U12 (aged 10 and 11), U14 (aged 12 and 13) etc.
- Medals for these Championships will not be presented on the day but will be presented at the Club Relay / Trophy Day on Sunday September 13th.
- Athletes must compete in their own age group to be eligible for a medal.

Race Walking Queensland Track Championship Records

Open Men 5,000m Dane Bird-Smith 19:22.22 2012

Open Women 5,000m Jessica Pickles 23:03 2017

Under 20 Men 5,000m Luke McCutcheon 21:48.98 2016

Under 20 Women 5,000m Jessica Pickles 24:26.00 2013

Under 18 Men 5,000m Brad Aiton 22:25.90 2010

Under 18 Women 5,000m Katie Hayward 21:56 2017

Under 16 Boys 3,000m Nelson McCutcheon 13:20 2017

Under 16 Girls 3,000m Katie Hayward 13:23.97 2015

Under 14 Boys 1,500m Bailey Housden 6:30 2021

Under 14 Girls 1,500m Jayda Anderson 6:46 2018

Under 12 Boys 1,500m Jonathan Wearne 7:00.24 2015

Under 12 Girls 1,500m Lyla Williams 7:18.00 2019

Under 10 Boys 1,000m Yoshua Lee 5.50 2025

Under 10 Girls 1,000m Lyla Williams 5:22.27 2016

COMING EVENTS

QRWC Handicap Meet #10 Sunday August 16th

John Frederick Park, Capalaba

7.30am A Grade M 15km

A Grade W 10km

B Grade 8km

8.00am E Grade 2km

F Grade 1km

8.15am C Grade 5km

D Grade 3km

ENTER HERE

[QRWC Handicap #10 Sunday August 16th - Qld Race Walking Club - revolutioniseSPORT](#)

AA Junior Race Walking Championships Sunday August 23rd

Victoria Park, Ballarat, Victoria

Draft Timetable

09:00 Under 20 10km Race Walk - Men

09:00 Under 20 10km Race Walk - Women

10:00 Under 18 5km Race Walk - Men

10:00 Under 18 5km Race Walk - Women

10:00 Under 16 5km Race Walk - Men

10:00 Under 16 5km Race Walk - Women

10:30 Under 14 3km Race Walk - Men

10:30 Under 14 3km Race Walk - Women

10:50 Under 12 2km Race Walk - Men

10:50 Under 12 2km Race Walk – Women

Enter

[Roster Athletics · 2026 Australian Athletics Junior Race Walking Championships](#)

Entries close 17:00 AET on 4 August 2026 No late entries will be accepted.

- When entering events on Roster for the first time, please do not set up your profile with the athlete's middle name. It is not required. Please also only select the State of registration. For example, Queensland or New South Wales. Club name is not needed or required. Athletes must then use this account same in the Roster Athletics App to confirm their participation near the event. It is best for athletes to use their own account for registration and confirmation.
- Athletes must only enter their own age group.

QRWC Road Walk Championships Sunday August 30th

Logan River Parklands, Beenleigh

7.30am Open & Masters 10km

Under 20 M & W 8km

Under 18 M & W 6km

Invitation Open 5km (non-championship)

8.15am Under 10 M & W 0.75km

Under 12 M & W 1.5km

8.30am Under 14 M & W 2km

Under 16 M & W 4km

Age is "Age on the Day"

Racewalking Queensland Perpetual Trophies 2025

As we prepare for the end of season Trophy Day on September 13th, we would ask that the 2025 trophy winners to please bring your trophy along to the track championships at UQ on Sunday August 9th. If you can't make it on the day please arrange for a friend or your coach to return your trophy. Alternatively, please contact Noela at noelarhoda@gmail.com to make arrangement for the return of your trophy. Thank you.

U10 Girls Harrison Trophy Lilli Chu
U10 BOYS Yoshua Lee
U14 GIRLS Amelia Chisholm
U14 BOYS Lachlan Moore
U16 GIRLS Eliza Kelly
U16 BOYS 5KM Noah Cooke
U18 WOMEN 5KM Milly Sharpe
U18 MEN 10KM Bailey Housden
U20 WOMEN Phoebe Chadwick
OPEN MEN 10KM CHAMPIONSHIP Ignacio Jimenez Solis
OPEN WOMEN 10KM CHAMPIONSHIP Nyle Sunderland
OPEN MEN 15KM CHAMPIONSHIP Ignacio Jimenez Solis
OPEN WOMEN 15KM CHAMPIONSHIP Joy Dale
RELAY TEAM 2025 QLD QT's Phoebe Chadwick Eliza Kelly,
Savannah Dunleavy Kiara Waterman

QRWC Relay/Trophy/BBQ Day Sunday September 13th

Dowse Lagoon, Brighton Road, Sandgate

9.00am 4 x 1,500 metre Relay

2026 WALKS CALENDAR

Rules of Race Walking

There are two basic rules in Race Walking: • Contact: The athlete must never have both feet off the ground at once. • Knees: The advancing leg must be straightened (not bent at the knee) from when the foot first makes contact with the ground until the vertical upright position.

MONTH	DATE	EVENT	VENUE
July	31	Comm Games 10km Men	Glasgow
August	1	Comm Games 10km Women	Glasgow
	2	UniSC Athletics Winter Carnival	Sippy Downs
	8	WA U20 Championships	Oregon USA
	9	QRWC Track Championships	UQ St Lucia
	16	QRWC Handicap #10	Capalaba
	22- Sept 3	WMA Outdoor Championships	Daegu. South Korea
	23	AA Junior Road Walk C/Ships	Ballarat
	30	QRWC Road Walk C/Ships	Beenleigh
September	6	Father's Day	No club competition
	13	Presentations/Relays/BBQ Day	Sandgate Lagoon
November	8	PPMG 10km Road Walk	Runaway Bay
December	4-6	AA All Schools Championships	Perth

QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors **MUST** wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

Shortage of Tracks for Summer QMA Meets

Brisbane Summer Meets at QSAC. QMA have been working with QSAC to book dates for the 26/27 summer season. **The Main Stadium will be closed from November to the end of March for renovation work.** We will have to share the SAF with QA, LAQ, QAS elite training and other events. QSAC have told us we will have very little access on Saturday mornings, so we will need to look at other times for most of this summer's competitions.



100 Days Until PPMG26

ENTER HERE <https://entermastersgames.com/>

Road Walk -10km

Sunday 8 November: 7:00am Luke Harrop Cycle Circuit, Runaway Bay

Track & Field

Saturday 7 November Gold Coast Performance Centre – 5,000 metre walk

Sunday 8 November Gold Coast Performance Centre – 3,000 metre walk (pm)

A final program of events including event start times will be available after entries have closed

Games Fees

- **\$155 Saver** (1 June – 31 August)
- **\$170 Standard** (from 1 September)

Sports Fees

- **Track** \$55 Admin Fee (Includes 1 Event)
\$25 for each additional event
- **10km Road Walk** \$30



WMA Outdoor Championships August 22-September 3

Daegu Stadium, Daegu S.K.

Entries close 23rd June

Walk Schedule

August 22nd 10km Road Walk

August 29th 20km Road Walk

September 2nd 5,000 metre Track Walk

Key Dates for Daegu

- WMA Daegu Entries close Tuesday, June 23rd
- Opening Ceremony Daegu 21st August 2026
- Championship dates: August 22nd - September 3rd 2026

2027 Oceania Masters Athletics Championships Christchurch New Zealand



The 2027 Oceania Masters Championships will be held from Wed 27 to Sun 31 January,

Venue: Nga Puna Wai Sports Centre Augustine Drive Wigram Christchurch 8025 (7.1km from CBD)

DRAFT PROGRAMME

Wednesday 27th January 2027 3,000m Track Walk

Friday 29th January 2027 1,500m Track

Sunday 31st January 2027 5,000m Track Walk

Early Bird Registration Open (1st September 2026) NZD \$60.00

Normal Registration (26th October 2026) NZD \$90.00

Event Fee NZD \$20.00

Entries CLOSE Sunday 13th December 2026

Masters' accommodation special

Oceania Masters Track & Field Championships - Accor Meetings & Events

"Just a 7 minute drive to Nga Puna Wai and on a major bus route, BreakFree on Cashel is delighted to welcome the participants and supporters coming to the Oceania Masters Track & Field Championships 2027 with discounted rates available from 25th - 31st January 2027. We are pleased to offer a preferred accommodation discount of 10% off the Best Unrestricted (Flexible) Rate of the day which can be booked and paid via this dedicated platform. Experience a non-traditional yet stylish and vibrant hotel, located right in Christchurch CBD. "*

Local Sporting Champions Travel Grants

Apply Now

Who it is for: Young athletes, coaches and officials aged 13 to 18 years competing at eligible state, national or international championships.

What it supports: Helping cover the costs of travel and participation in sporting championships across Australia and overseas.

Funding amount: Grants of \$500 to \$750, depending on travel distance and location.

Open: **Round 1 closes 31 August 2026.**

- Participants turning 13-18 attending state championships
- Participants turning 14-18 attending state or national championships
- Participants turning 15-18 attending state, national, or international championships

If successful, applicants will receive \$500-\$750 towards the cost of attending their championships.

Base Grant: \$500

Applicants travelling 800km - 1999km to their nominated championships: + \$100

Applicants travelling internationally or greater than 2000km to their nominated championships: + \$200

Applicants residing in a rural electorate: + \$50

[Local Sporting Champions | ASC](#)

Important Masters Meets in 2027

2027 AMA National T & F Championships

- Date: April 23 – 26, 2027
- Venue: ~~Athletic Stadium, Floreat~~, **WA Change of Venue**
Ern Clark Athletics Stadium Cannington. WA
- **Walks Course** Perry Lakes Reserve is the location for the 10km walk. The 2km circuit is a certified relatively flat, well shaded and picturesque course around one of the Lakes.

[Perth 2027 | Australian Masters Athletics Championships](#)

QRWC Handicap Meets and Points

- At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season.
- Handicap points are awarded to the top 7 place-getters within the sealed or non-sealed handicaps as per the above table.
The member placed 1st, based on the handicap results, receives the highest points
- Starting points are awarded for starting the event.
- Completed points are awarded for finishing the race distance.
- The Best Season Performance. To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.
- To maximise your points for the season it is recommended that an athlete stays in the same grade for the season. An athlete is permitted to change grades once in a season without losing points but you must notify the Secretary of your intentions beforehand.
- An athlete must compete in at least 5 designated Handicap races during the season to be eligible for end of season handicap points awards.

QRWC Membership

[Membership - Qld Race Walking Club - revolutioniseSPORT](#)

QRWC Membership Fee \$25.00 ((club fee on top of Qld Athletics membership)

Racewalking Queensland Management Committee 2026/27

President: P Bennett

Vice President: B Gannon

Secretary: N. McKinven

Treasurer: N. McKinven

Committee: S Pearson, I Jimenez, R Wales, J Dale, S Dale, A Bradley

Patron: S Perkins

Registrar: S Dale

Handicapper: A Guevara / N McKinven

Uniforms: S Dale

Publicity / Media: P Chadwick / C Chadwick

Results: R Wales / N McKinven

Newsletter Editor: P. Bennett

Equipment Officer: Ignacio Jimenez & Noela McKinven

Canteen Convenor: R Wales, J Dale

Blue Card Co-ordinator: B Gannon

Club Captains: Phoebe Chadwick, Alex Bradley

Blue Cards

As part of our legal obligations and a condition of our affiliation with QA we must maintain a current Blue Card register. We have a duty to be fully aware of exactly who is coaching or providing services to our members, particularly when those members include children or young people under 18.

Equally important is ensuring that every coach or provider engaged in child-related activities holds a current and valid Blue Card, as required under Queensland legislation.

Our club will continue to ensure that we are meeting our duty of care and fulfilling and our legal obligations under the Working with Children (Risk Management and Screening) Act 2000. [Individuals requiring a blue card](#) | [Your rights, crime and the law](#) | [Queensland Government](#).

If you have any questions or require assistance, please don't hesitate to contact our club Blue Co-ordinator bluecardqrwc@gmail.com

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 3 Performance coach

Jasmine-Rose McRoberts Level 2 Club coach

Argenis Guevara Level 2 Development coach

Katya Martin Level 1

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club

racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

Website [Queensland Race Walking Club](#)

About us *Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter.